



Legacy™ Living

Volume 2, No. 11
October 2009



News of interest to the residents, families and extended families of all our Retirement Communities

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Do You Know?

This year's "Leggy Award" recipients were Meghan Backus and Jay Gardner of WROC-TV/Fox News for their documentary coverage of Rochester's maiden Honor Flight aired on Veterans Day, 2008. The Second was awarded to Honor Flight President Vince Hope for having built the organization locally.

Publisher: Legacy Retirement Communities

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Retired Horticulturalist Combines Plant Life Knowledge with Art

He was born and raised in Johnstown, PA, on the rim of the Appalachian Mountains. Stephen Friedman: Korean War veteran, husband, father of seven, graduate of Penn State's School of Horticulture followed by years of distinguished service in that field. But that's only the beginning of a story 77-year-old Park Crescent resident likes to tell about his career as a horticulturist, author, and the artist he became as the offshoot of his chosen profession.

Soon after his army stint, Steve's thoughts turned to college. He and a friend traveled to Penn State where the two were interviewed by legendary coach Joe Paterno. "Sensing I wasn't there to play football, he suggested I look into the school's horticulture program. So I did, and never regretted having done so for a moment."

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From his extensive scrapbook collection Steve Friedman selects favorites for the 3-D acrylic paintings he creates, then frames and hangs on the wall of his ground floor apartment.



While summer '09 may be over, pleasant memories linger on. One standout is the Summer Concert Series held at each of our seven Legacies with selections ranging from Country Western to some of the most popular big band music many will never forget. Here, entertainment at The Fairways Legacy in Victor is provided by the Bourbon Street Jazz.

Honor Flight Carries WWII Vets to Nation's Capitol

Some gave what they could. Many gave a lot. Others gave their lives to preserve our nation's freedom and the world from totalitarianism. While the awesome feats of this Greatest Generation are acknowledged with regularity, perhaps none are more inspirational or meaningful as those conducted by the national Honor Flight Network. Although the organization was established four years ago, Rochester didn't become one of its 75 "hubs" until 2008.

In appreciation for their military service a half dozen Legacy veterans and their Guardians joined others in the area who flew to Washington "to visit and reflect together at their memorials." Legacy supports the Honor Flight program by hosting Guardian training sessions.

The cost of \$450 for one veteran includes round trip airfare, a day-long bus excursion to all major memorials ... WWII and those of subsequent eras. Hotel accommodations for a Saturday



The striking WWII monument, completed in 2004 on the Washington D.C. Mall, was among several points of interest seen by Legacy residents during their Honor Flight visit to Washington this past June.

night, all meals and the necessary support service to ensure a safe and healthy trip for men and women aged 82 and older are included in the price. Guardians pay their own travel expenses. Future flights are scheduled for October 17 and 31. For further information, contact Vince Hope at info@HonorFlightRochester.org. ■



Photo by Petrena Hayes

Local vets and their Guardians gathered August 13 to celebrate and reminisce in the Clover Blossom courtyard. Emotions ran high as travelers reunited from previous excursions funded entirely by local sponsors. One observer in the audience was so moved by the occasion that he wrote a check for \$15,000 to help carry on the organization's work.



Social Directors Change at Willow Pond Legacy

On the job less than two months, 23-year-old Christina East has succeeded Tara Bator as social director at our Penfield Legacy and has already made an impression on residents there. The SUNY Brockport graduate's most recent position was one she has held for

Christina East

the past year as assistant social director at our Park Crescent Retirement Community. "Chrissy" grew up on the West side of Rochester, lives in Greece and says she loves to crochet, play bocci, go for walks and do "many of the things that sit well with seniors." We welcome her to our family. ■

Staff PROFILE

Toni DeGrazia, Administrative Assistant at Willow Pond



Toni was “a natural” when she began working at our Willow Pond Legacy eight years ago. She had managed the Mark IV Willow Pond Apartments nearby and knew her employer well. Between then and now she had managed Roncones Restaurant (formerly Marios) on East Avenue in the city and claims to have “always liked being with people.”

Her job today goes far beyond what one might expect as an

administrative assistant. “I’m in charge of maintenance,” she says, “responsible for keeping the place looking nice, our little store supplied, running the Ambassadors Club that meets regularly to share good times and help new residents adjust to their surroundings.” She also coordinates fundraisers for different charities including bake sales in support of the *Children in Crisis* program at St. Joseph’s Villa.

Toni also conducts a Gourmet Club

In this issue we profile another of our outstanding employees. They are the people you will most often engage when contacting one of our seven Retirement Communities.

for residents and guests. She does the cooking herself while residents set up and clean up afterwards. But what she likes most is “pleasing our residents ... helping those who need it and putting a smile on the faces of everyone I can.” After eight years on a job like this it’s no wonder she “just loves being here.”

Hobbies include flower arranging, home decorating and crafts. She and her husband, Phil, live at Waterview in Webster. Between the two of them they have five children and 12 grandchildren. ■

Seminar Series Begin October 1

It’s still not too late to get in on an exciting seminar series geared to the interests of seniors and members of their families. The first to be held at our Clover Blossom Legacy begins October 1 at 7:00 p.m. Topics addressed

by experts are those dealing with *Elder Law, Estate Planning, Trusts, and Asset Protection ... Avoiding Probate, Medicare and Medicaid too. Remaining topics include Veterans Benefits, Moving and Real Estate Cost, and Adjustment to Community Living.*

Think you know all about it? There will be more than one surprise in store for you. So make your reservation today by calling the Clover Blossom Legacy at 281-9000 or e-mail rstewart@legacycloverblossom.com. ■

Retired Horticulturalist (Continued from page 1)

By 1957, Steve had married his high school sweetheart, Lucy. With the Appalachian economy in shambles, the two moved to Rochester four years later. He soon landed a decade-long job with Monroe Tree Surgeons and eventually retired in 1994 as grounds superintendent at R.I.T.

The couple then moved to Florida where they spent the next four years: HE, continuing to write booklets on horticulture and accepting speaking engagements; SHE, increasingly missing their children and 17 grandchildren and yearning to return to Rochester where they settled in Chili.

So what’s he doing for kicks these days since his beloved wife, Lucy, passed away this past April. Finishing up a treatise on horticulture and creating mosaic floral art out of dried snippets of actual plant life he has collected for years. Today these are produced at his “bedside studio” and admired by all who see them. ■

Services available to residents, families and friends of our Legacy Retirement Communities. If you would like to list your business here, contact Don Riley at 232-1760 (x135), or e-mail him at driley@markiventerprises.com.

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e-mail: eavery@vnsnet.com



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Published by **Legacy Retirement Communities**

Rewards Offered for Referrals

Know someone who might be interested in becoming a resident at any of our seven Retirement Communities? For details on how you, too, can benefit, call the housing specialist at any of the following Legacies.

- **Legacy at Clover Blossom, Brighton**
585-218-9000, Director, Richard Stewart
- **Legacy at Cranberry Landing, Irondequoit**
585-244-3630, Director, Bill Lista
- **Legacy at Erie Station, Henrietta**
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- **Legacy at Willow Pond, Penfield**
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